LIFE HEALTHCARE GROUP HOLDINGS LIMITED Incorporated in the Republic of South Africa Registration number: 2003/002733/06 ISIN: ZAE000145892 Share Code: LHC ("Life Healthcare" or "the Company")

CHANGES TO THE BOARD OF DIRECTORS - RETIREMENT OF CHIEF EXECUTIVE OFFICER

The board of directors of Life Healthcare ("the board") wish to announce that Michael Flemming, the Company's CEO intends retiring on 30 June 2014.

Michael joined African Oxygen Limited (Afrox) in 1985 and transferred to its healthcare division in 1994. He held several senior finance and line management positions with both Afrox and Afrox Healthcare. In 2001, he was appointed managing director of Afrox Healthcare, which became Life Healthcare in 2005. Michael has made a significant contribution to the Company. His remarkable business acumen successfully contributed to the tremendous growth of the Company as well as to its successful listing on the JSE Limited in June 2010.

The chairman and the board wish to thank Michael for his immeasurable contribution and dedication to the Company and wish him well for the future.

To ensure a smooth transition when Michael retires, the board is pleased to announce the appointment of Andre Meyer as CEO elect, Andre will join the Company on 1 March 2014 and will succeed Michael on his retirement. Andre is currently the CEO of Medscheme having been appointed in April 2003. Prior to that, he was the managing director of the Healthcare division within Alexander Forbes.

The chairman and the board wish to congratulate Andre on his appointment and look forward to working with him.

Illovo 14 November 2013

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